

- Walk 6.5hrs (17km)
- Total Ascent 700 m
- Mark Highest Point 331 m





## Welcome

Thank you for downloading your Vespucci walk.

If you missed the Kit list here's what to bring.

### Download this guide on your device

This contains all the handy information: how to get there, points of interest and pubs, taxis etc. Make sure you have plenty of battery!



(Make sure you have OS Map App downloaded)

## **Getting There**



### **Train**

From London, catch a train from Euston to Windermere. It is a 3.5hr ride. Then take the 599, 516, Or 555 bus to Ambleside which takes 15 minutes. A taxi to Ambleside costs about £16.



### By Car

Ambleside is a 5 hour drive from central London. Rydal Road Car Park (LA22 9AY) is the most central long-stay car park. It can be busy in peak season.

## Contents

Access your Map page 2

Hike Summary page 4

Points of interest page 4

<u>Insiders Guide</u> page 6

Taking it all in page 7

Calling it a day page 8

What's next? page 9



# Hike Summary

This hike circles Loughrigg Fell, the great hill (fell is an Old Norse word for mountain) that sits above Ambleside.

Take in the summit and its spectacular views over some of the Lake District's highest peaks and most beautiful lakes. The route



climbs and dips its way over rough farmland and high, open fell land, before dropping down to Skelwith Bridge in good time for a morning coffee. You'll descend past the mystical Rydal cave, into the luscious, wooded river valley, where a well-earned pit-stop at the Badger Bar pub in Rydal puts you on the home straight: a gentle river walk to Ambleside.

## Points of interest

Tap here and find the waypoints in the OS map app.



### **AMBLESIDE**

This 2000 year old settlement is famed for its dramatic landscapes that inspired poets like William Wordsworth.



### THE COPPER POT

The perfect pre-walk spot for a coffee or some food. We recommend the Steak and Stilton ciabatta!



This gateway to the dramatic landscapes of Great Langdale offers stunning views of its namesake tarn.

### **REDBANK WOOD**



A rare temperate rainforest habitat renowned for its ancient trees including ancient oaks, ash, and sycamores

### **LOUGHRIGG FELL**

Offers striking vistas from its 335m summit, including a unique views of Grasmere and Rydal Water.

## **RYDAL CAVE**

This mystical-feeling cave is actually an old slate quarry that closed 200 years ago.

## THE BADGER BAR

A charming, higgledy-piggledy pub with regular visits from badgers that feed at the back of the pub.

### **RYDAL MOUNT**

Plan B tap here!

The home of William Wordsworth from 1813 until the poet's death in 1850. It's worth booking an excellent guided tour of Rydal Mount.

### **STEPPING STONES**

You'll pass this picturesque feature crossing the river Rothay. Their are date from the early 19th century.

## FINISH IN AMBLESIDE

Make sure you check out our insiders guide to Ambleside to get the most from your time in this perfect village.



THE INSIDERS' GUIDE:

## Ambleside



### **EAT**

- X The Old Stamp House
- X Bellis Cafe & Bistro
- X Copper Pot



### **DRINK**

- X The Britannia Inn
- X Badger bar



#### **SLEEP**

- X Waterwheel Guesthouse
- X The Glen Rothay Hotel



#### DO

- X Armitt Museum and library
- X Wordsworth Grasmere
- X Ambleside Climbing wall
- X Windermere Lake Cruise



### **WALKS**

- X Stockghyll ForceWaterfall (40min)
- X Jenkin Crag (1hr)
- X Rydal Water Circular walk (3.5hrs)







## TAKING IT ALL IN

Sometimes, we can get so caught up in reaching our destination that we forget to take in our surroundings. When in fact, some of the best moments on a walk are the ones spent not walking. It is not until you stop and look a little closer, that you truly see the magic of where you are.

Our hikes are not about how fast you walk, but about how much you take in. We share these beautiful trails with an abundance of wildlife and there's always something to marvel at so long as you take the time to look around.

Here are a few of our favourite bits of wildlife to look out for on this walk:



### **Peregrine Falcon**

Nesting on rocky crags, this predator can reach over 200mph when hunting.

### **Common Juniper**

An evergreen shrub used to flavour gin - you might recognise the smell.



#### Rowan

A magical tree in folklore, protector of wayfarers and warder off of witches.





### **CALLING IT A DAY?**

If you've decided that's quite enough for you, there's absolutely no shame in calling it a day.

Our recommended pick-up spots are Elterwater village or The Badger Bar in Rydal. A taxi back to Ambleside will take around 10 or 5 minutes respectively and will cut your hike short by either 10 or 3km.

Ambleside Taxis: 015394 88285

Amber Taxis: 015394 42000



## Thank you

WE HOPE YOU'VE ENJOYED YOUR WALK.
CREATED BY OUR LOCAL CURATOR, HENRY.





## What's next?

We hope you enjoyed your walk as much as we've enjoyed bringing it to you. And we've got plenty more where that came from!

Check out the full range of walk available to you on: <a href="Iink to their portal">Iink to their portal</a>

### **STAY IN TOUCH**

We love hearing about your adventures, so please do get in touch with any feedback you have from your walk.

Leave feedback







