

Roaming in Regents Park

A stroll in rose gardens



Walk 1.5hrs (6.6km)



Total Ascent 57 m



Highest Point 66 m

In association with



Welcome

Thank you for downloading your Vespucci walk.

If you missed the Kit list [here's what to bring](#).



Download this guide on your device

This contains all the handy information: how to get there, points of interest and pubs, stations etc. Make sure you have plenty of battery!

Tap here!



ROAMING IN REGENTS PARK

Tap here to access your digital OS Map

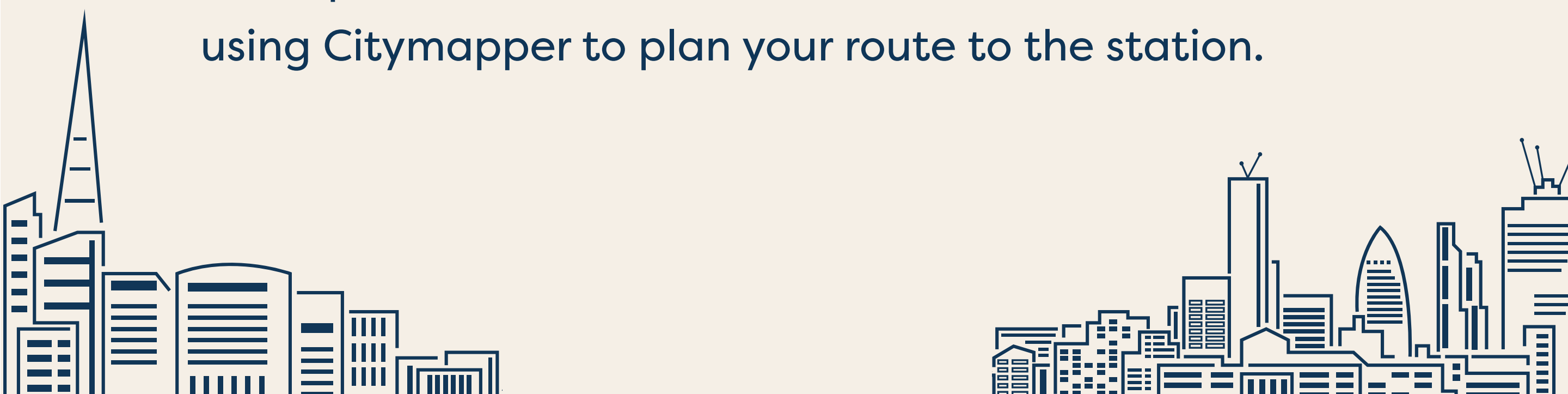
(Make sure you have OS Map App downloaded)

Getting There



London Underground

The start of this walk is just by Baker Street Underground. The station is served by the Circle, Hammersmith & City, Metropolitan, Bakerloo and Jubilee lines. We recommend using Citymapper to plan your route to the station.



Contents

[Access your Map](#) page 2

[Hike Summary](#) page 4

[Points of interest](#) page 4

[Taking it all in](#) page 7

[Calling it a day](#) page 8

[What's next?](#) page 9

Post Work Wander

This walk is the perfect antidote to busy city. Be blown away by epic views over the capital and treat yourself with a drink at The Queens?

Take in the Iconic Avenue Garden which explodes into pink cherry blossom in Springtime. Keep your eyes peeled as you pass the London Zoo and up onto Primrose Hill for one of the best views over London, you then meander back via Regents Canal and the iconic Macclesfield Bridge. Top Tip: Pack a picnic and get to Primrose Hill in time for sunset.



Points of interest

To learn more about each of these points, [tap here](#) and find the relevant waypoint in the OS map app.



DANGER MOUSE PLAQUE

Dedicated to the animated series that ran from 1981. Spot this plaque on the post box on Melcombe street.



REGENTS PARK

The 410-acre park is steeped in history, far too much to list here! [Tap here](#) to learn more.



THE AVENUE GARDENS

These are broken down into 3 separate sections, each one with paths leading the right direction.



THE BROADWALK (CENTRE)

The park is on poor quality soil and it required a lot of work to create this walk. In 1835, the author Thomas Walker recounted “the quagmire of filth and wretched dwellings” that the park now occupies.



ITALIAN GARDEN (LEFT)

The Italian Garden was designed by Victorian garden designer William Andrews Nesfield between 1863 and 1865. The garden design is about straight lines, circles, and repetition.

THE ENGLISH GARDEN (RIGHT)

In the 19th century this Garden drew large crowds at weekends due to bands playing music. Today the tradition continues at the Bandstand. Come in mid-April to see the cherry blossom



COFFEE STOP

The Espresso Bar is a handy for a grab'n'go. For a more comprehensive menu and seating go further down to the Broad Walk Café.



SECRET GARDEN

Even when the park is busy, this garden is almost empty. A real hidden gem worth the visit.

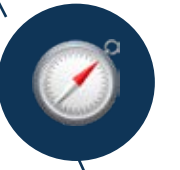
READYMONEY DRINKING FOUNTAIN

This Grade II listed fountain was erected in 1869 as a thanks to England for protecting the Parsee.



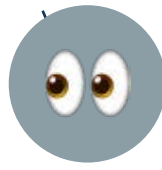
LONDON ZOO

The Zoological Society of London was founded by Thomas Raffles in 1826 and is the world's oldest scientific zoo.



THE QUEENS

Perfectly located just off the park, it's a great spot for a refreshment. Tap "Plan B" to finish here.



PRIMROSE HILL

One of the best views in London can be enjoyed from the top of Primrose Hill.



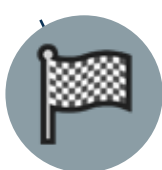
REGENTS CANAL

In 1820 this canal linked Limehouse Docks with the Grand Junction Canal at Paddington Basin.



MACCLESFEILD BRIDGE

Also known as Blow Up Bridge due to an unfortunate explosion of cargo in 1874.



HEAD HOME

Hopefully you have enjoyed a breath of fresh air and some time in nature!

Plan B
tap here!

TAKING IT ALL IN

Sometimes, we can get so caught up in reaching our destination that we forget to take in our surroundings. When in fact, some of the best moments on a walk are the ones spent not walking. It is not until you stop and look a little closer, that you truly see the magic of where you are.

Our hikes are not about how fast you walk, but about how much you take in. We share these beautiful trails with an abundance of wildlife and there's always something to marvel at – so long as you take the time to look around.

Here are a few of our favourite bits of wildlife to look out for on this walk:



Swallow

Best to watch in autumn when they mob up to migrate.

Little Owls

They frequent the area east of the Ready Money Fountain



Red Kit

Almost wiped out at one point in the UK. Now populations have recovered.

Plan B

CALLING IT A DAY?

If you've decided that's quite enough for you, there's absolutely no shame in calling it a day.

You can cut the route short by 3km (45mins) by heading to Chalk Farm tube. It's about a 7-minute walk from The Queens.

If you continue down Regent's Park Road past The Queens, and keep going until you intersect a busier road at the bottom of slope. Chalk farm underground station should be visible to your right.



Thank you

WE HOPE YOU'VE ENJOYED YOUR WALK.
CURATED BY PATRICK.





What's next?

We hope you enjoyed your walk as much as we've enjoyed bringing it to you. And we've got plenty more where that came from!

Check out the full range of walk available to you on:
[link to their portal](#)

STAY IN TOUCH

We love hearing about your adventures, so please do get in touch with any feedback you have from your walk.

[Leave feedback](#)

